

Trading Session Summary

Overall Context

This document summarizes a live trading session focused on real-time market analysis, price action, and teaching trading concepts such as structure, ratios, and execution strategies.

Key Themes & Takeaways

1. Market Structure & Price Action

Focus on key price zones, holds, and breaks. Emphasis on how price reacts at important levels and whether it leads to continuation or consolidation.

2. Buying the Open Strategy

High-probability setup when overnight conditions are met and key levels hold. Use tight stops and trust structure when aligned.

3. Ratios & Range Logic

Core ratios: 25, 50, 75, 100 points. Mid-core example: 55 points. Important to distinguish between price levels and range-based movement.

4. Scenario Planning

Use if/then logic. Market behavior depends on conditions being met. Focus on probabilities rather than certainty.

5. Key Resistance Zones

Areas around 6892–6895 identified as heavy zones where price may stall or consolidate before continuation.

6. Trade Management

Take partial profits, re-enter at better prices, and manage risk. Stay disciplined and avoid overtrading.

7. Broader Market Observations

Gold, crypto, and stocks like MARA showed strength, supporting broader bullish conditions.

8. Teaching Approach

Interactive learning with questions to reinforce understanding of structure, ratios, and independent thinking.

9. Session Outlook

Bias leans toward bullish continuation if price holds above key levels and closes strong.

Bottom Line

Understanding structure, ratios, and conditions allows traders to confidently execute high-probability setups and manage trades effectively.